### **CONTACT DETAILS**

The UK registered charity decidtaed solely to the support of people affected by Thyroid Cancer.

Founded 2003 - Registered charity no: 1108932



www.butterfly.org.uk www.neckcheck2011.org.uk enquiries@butterfly.org.uk



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Membership is free but we do advise that you register with us in order that we can keep you updated with information. Please complete the attached membership from and send it to us.

### As a member you can:

- Use the dedicated telephone helpline to access information and support.
- Contact other patients in our network via telephone or e-mail.
- Have a 'Buddy' to support you through the stages of surgery, RAI treatment an follow up.
- · Access reliable, up to date information.
- · Access a group member during clinic visits for support, information and advice [Newcastle only]
- Have the opportunity to become a BTCT Patient Support Contact/volunteer.

Offering, information, support and encouragement.

# 01207 545 469

Winner of the Pizer Excellence In Oncology Award 2006

Winner of the NHS Bright Ideas Innovations Award 2007

Winner of the Hospital Doctor of the Year Award 2007

Commended Pizer Excellence in Oncology Award 2009

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relying entirely on donations to be able to continue. Membership is free but donations are always welcome.

Butterfly Thyroid Cancer Trust is a charitable organisation

I would like this payment to be subject to giftaid it

Please complete and return with cheque to **Butterfly Thyroid Cancer Trust** PO Box 205, Rowlands Gill NE39 2WX

> Tel. 01207 545 469 www.butterfly.org.uk www.neckcheck2011.org.uk enquiries@butterfly.org.uk

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Receiving a Cancer diagnosis can be both a frightening and isolating experience, especially when your Cancer is rare.

Knowing where to look for support and reliable information can be difficult.

Talking to others who have had similar experiences with surgery and treatment regimes can help.

This can be helpful throughout your Cancer journey but especially:

- · Just after diagnosis
- Waiting for test results
- · Periods of Hypothyroidism
- · Treatment in isolation.

Induced hypothyroidism is still part of the treatment regime in some UK centres, but not all. The increasing use of Recombinant Human TSH "Thyrogen", a drug therapy, is negating the necessity of hormone withdrawal in preparation for both treatment and follow up diagnostic scans and blood test.

For those who would seek it we can offer information, support and encouragement, we cannot, however, offer medical advice.

By working with other associated patient support organisations, Thyroid Cancer Alliance, BTF [British Thyroid Foundation and A.M.E.N.D, sharing knowledge and information with them and attending both Nationals and International Conferences on Thyroid Cancer we can ensure we are providing up to date, reliable information for our members.

We also have an expert medical advisory team.

BTCT is unique in being able to provide onsite clinical support by a fellow patient at the Northern Centre for Cancer Care in Newcastle.

The founder is a respected member of the Thyroid Cancer Care Team, is on the advisory board for Thyroid Cancer clinical trials with CRUK and is invited regularly to present at conferences in the UK and internationally. Thyroid Cancer is rare but numbers are rising. Currently this stands at approx 2000 new cases in the UK each year.

Numbers have trebled in the last three decades, Thyroid Cancer is one of the fastest increasing cancers in women in the UK and the fastest increasing cancer in women in the US.

More prevalent in women than men with a 3:1 ratio, thyroid cancer is the most common endocrine malignancy.

## For the vast majority of patients early detection means cure.

Prognosis for patients with differentiated Thyroid Cancer prognosis is excellent with a 90% cure rate.

The most common Thyroid Cancers are known as differentiated, these are papillary and follicular cancers. Follicular cancers may include a variant called Hurthle cell.

**Papillary carcinoma [PTC]** is the most common thyroid cancer. It is more common in younger people especially women.

Follicular carcinoma [FTC] is less common and tends to occur in slightly older people over 35 years of age than those with PTC.

These types are thyroid cancer are usually treated with surgery and RAI [Radio Active Iodine Treatment]

Medullary Thyroid Cancer [MTC] is a rare form of Thyroid Cancer with different sub groups. Some are genetic and are passed on in families. More information at www.amend.org.uk

Other less common types of Thyroid Cancer are **Anaplastic** and **Lymphoma**.

Like MTC they have a different treatment protocol which may include radiotherapy, chemotherapy, new drug therapies and clinical trials. Butterfly Thyroid Cancer Trust was founded by a Newcastle patient following her own diagnosis in June 2000 Everyone involved in the organisation has either had the disease or been closely involved in the care and support of someone who has.

We are a well respected patient organisation working closely alongside and have the full support of the Multi Disciplinary Thyroid Cancer Care Team in Newcastle.

Nationwide support across the UK is available.

HRH Prince Harry commended the work of BTCT work in 2011.

### **Endorsed by:**



A.M.E.N.D.



British Association of Endocrine and Thyroid Surgeons



**British Thyroid Association** 



**British Thyroid Foundation** 



Hypoparathyroidism UK



Thyroid Cancer Alliance

#### PATRONS:

His Grace the Duke of Northumberland Dr. C. Harmer FRCR FRCP Denise Robertson MBE Prof. Markus Luster

HONORARY PRESIDENT: Dr. U.K Mallick FRCR

FOUNDER/DIRECTOR: Mrs K.A. Farnell

#### TRUSTEES:

Mr S. Farnell BDS Dr P. Perros FRCP Mr F.W. Stafford FRCS Mrs A.J. Harding Ms C. McGreal

MEDICAL ADVISOR: Dr P. Perros FRCP